



Market Buys

JANUARY 17-23



MEAT MARKET

Chuck ROAST Choice Angus beef. Boneless. Save 50¢ lb.	\$5.49 lb.
Lean GROUND BEEF Oregon Country Beef. Ground fresh in our Meat Market.	\$5.99 lb.
New York STEAK Oregon Country Beef. Boneless. Save \$2 lb.	\$15.99 lb.
Natural Pork CHOPS Bone in. Assorted cuts. Save up to \$1 lb.	\$3.99 lb.
Boneless Ranger CHICKEN BREAST Free range. Washington grown. Thin sliced. Save \$1.50 lb.	\$6.99 lb.
Organic CHICKEN WINGS Air-chilled Smart Chicken. Save \$1.20 lb.	\$3.59 lb.

SEAFOOD MARKET

SHRIMP MEAT 90/150 count. Frozen/prev. frozen. Save \$1 lb.	\$13.99 lb.
Sockeye SALMON LOX, 3 oz. Gerard & Dominique. Save \$1.	\$8.99
Ahi TUNA STEAKS Frozen/prev. frozen. Save \$3 lb.	\$9.99 lb.
Fresh STEELHEAD Fillets Save \$2 lb.	\$11.99 lb.

BULK FOODS

Equal Exchange COFFEE Whole bean. Assorted varieties. Save \$2 lb.	\$9.99 lb.
Raw BRAZIL NUTS Save \$4.30 lb.	\$22.99 lb.
Northwest HONEY Assorted flavors. Save up to \$3 lb.	\$3.99 lb.
Jumbo RAISIN MEDLEY Save \$1 lb.	\$2.79 lb.

PRODUCE MARKET

Rockit APPLES, 3-lb. bucket Northwest grower.	\$7.98
Coco Pop COCONUTS	2/\$6
Purple BRUSSELS SPROUTS Northwest grower.	\$1.98 lb.
NatureSweet TOMATOES, 10.5 oz. Cherub or Sunburst.	2/\$6
Organic Snack-Size Fuji APPLES Northwest grower.	\$1.98 lb.
Organic BRUSSELS SPROUTS	\$5.98 lb.
Organic Bunched BEETS Red or gold.	\$1.98
Organic SLICING TOMATOES Tasti-Lee.	\$3.98 lb.
Organic Heirloom TOMATOES Mixed varieties.	\$5.98 lb.
Organic Russet POTATOES Northwest grower.	\$1.28 lb.

DELI

Our Own ROMESCO SAUCE Our savory recipe. Save \$1 lb.	\$9.99 lb.
Snowfields CHEESE Saxon Creamery. Butterkäse style. Save \$2 lb.	\$13.99 lb.
Lantana HUMMUS Assorted flavors. Save \$1.	\$4.99

BAKERY

Silver Hills BREADS The Big 16, Squirrely, or Mack's Flax. Save 70¢.	\$4.49
Vegan CHOCOLATE CAKE Just Desserts. Save \$2.	\$11.99
Chocolate-Filled CRÊPES Euro Classic. Save \$1.	\$4.99