



Market Buys

..... JULY 19-25



MEAT MARKET

Top Sirloin STEAK	\$8.99 lb.
Oregon Country Beef. Boneless. Save \$4 lb.	
T-Bone STEAK	\$14.99 lb.
Choice Angus beef. Save \$1 lb.	
Lean GROUND BEEF	\$5.49 lb.
Choice Angus beef. Ground fresh in our Meat Market.	
Heritage Pork Loin CHOPS	\$7.49 lb.
Boneless. Save \$1.50 lb.	
Whole CHICKEN	\$2.99 lb.
Air-Chilled Smart Chicken.	

SEAFOOD MARKET

Cooked Baby SHRIMP	\$12.99 lb.
90/150 ct. Frozen/prev. frozen. Save \$2 lb.	
White PRAWNS	\$10.99 lb.
31/40 ct. Peeled, deveined and tail off. Save \$3 lb.	
Wild Ahi TUNA STEAKS	\$9.99 lb.
Frozen/prev. frozen. Save \$3 lb.	
Fresh Keta SALMON Fillet	\$9.99 lb.
Yukon River. Save \$3 lb.	

BULK FOODS

Organic Medjool DATES	\$5.99 lb.
Save \$2.30 lb.	
Organic CASHEWS	\$10.99 lb.
Equal Exchange. Raw, roasted, salted or unsalted. Save up to \$4 lb.	
Organic GRANOLA	\$3.49 lb.
French Vanilla Almond or Wild Blueberry Flax. Save \$1.50 lb.	
Blue Bike SPROUTED SNACKS	\$9.49 lb.
Save \$2 lb.	

PRODUCE MARKET

Northwest BLUEBERRIES, 2-lb. flat	\$9.98
Northwest grower.	
Red CHERRIES	\$3.98 lb.
Northwest grower.	
Mini Persian CUCUMBERS	\$1.98 lb.
Seedless.	
Red Slicing TOMATOES	\$1.98 lb.
Walla Walla Sweet ONIONS	\$1.28 lb.
Northwest grower.	
Organic BLUEBERRIES, 2-lb. flat	\$12.98
Northwest grower.	
Organic Red CHERRIES	\$5.98 lb.
Northwest grower.	
Organic Honeydew MELON	\$5.98
Orange variety.	
Organic Gold KIWI FRUIT	78¢
Organic CHERRY TOMATOES, pint	\$4.98
Assorted varieties.	

DELI

Whatcom White CHEESE	\$17.99 lb.
Twin Sisters Creamery. Regular or Peppercorn. Save \$2 lb.	
Our Own SESAME GINGER SAUCE	\$4.99 lb.
Save \$1 lb.	
Solera CHORIZO	\$19.99 lb.
Save \$6 lb.	

BAKERY

Dilettante BISCOTTI BITES, 9.5 oz.	\$7.99
Northwest producer. Save \$1.	
Dark Chocolate-Covered GRAHAMS	\$6.99
Jo's Candies. With salted caramel. Save \$3.	
Wrapped Large COOKIES	\$1.99
The No-Bake Cookie Co. Assorted flavors. Save \$1.	

While supplies last. Some products may not be available at all stores. All items subject to availability.