



Market Buys

..... SEPTEMBER 20-26



MEAT MARKET

Lean GROUND BEEF	\$5.49 lb.
Oregon Country Beef. Ground fresh in our Meat Market.	
Chuck ROAST	\$4.49 lb.
Choice Angus beef, boneless. Save \$1.50 lb.	
Country-Style Pork RIBS	\$2.99 lb.
Boneless. Save \$1 lb.	
Heritage Pork Loin CHOPS	\$6.99 lb.
Boneless. Save \$2 lb.	
Roxy Bone-In CHICKEN BREAST	\$4.99 lb.
Organic, air chilled. Save \$1 lb.	
Ranger Chicken DRUMSTICKS	\$1.49 lb.
Free range, Washington grown. Save \$2 lb.	

SEAFOOD MARKET

Wild SHRIMP MEAT	\$13.99 lb.
Save \$1 lb.	
Jumbo Wild PRAWNS	\$19.99 lb.
Under 15 ct., shell on. Save \$3 lb.	
Coho Salmon LOX, 3 oz.	\$8.99
Gerard & Dominique. Save \$1.	
Cooked Large PRAWNS	\$13.99 lb.
21/25 ct. Peeled and deveined. Save \$5 lb.	

BULK FOODS

Deglet Noor Pitted DATES	\$3.99 lb.
Save \$1 lb.	
Organic Garbanzo BEANS	\$1.79 lb.
Save 70¢ lb.	
Organic MANGO Cheeks	\$10.99 lb.
Save \$3 lb.	
Organic Paleo GRANOLA	\$9.99 lb.
Back Roads, gluten free. Save \$3.50 lb.	

PRODUCE MARKET

Northwest Variety PEARS	\$1.48 lb.
Bartlett, D'Anjou, Bosc, Starkrimson, and Comice.	
Mandarin ORANGES	\$2.98 lb.
Seedless.	
Jumbo ARTICHOKEs	2/\$6
Autumn Variety SQUASH	78¢ lb.
Northwest grower.	
CB's Nuts PEANUTS, 12 oz.	\$3.98
Northwest producer. Salted or unsalted.	
Fresh-Squeezed APPLE CIDER	\$6.98
Cedardale Orchards, gallon.	
Organic Northwest PEARS	\$1.98 lb.
Bartlett, D'Anjou and Red Starkrimson.	
Organic ROMAINE HEARTS, 3 pk.	2/\$6
Earthbound Farm.	
Organic NANTES CARROTS	\$1.48 lb.
Dharma Ridge Farm.	
Organic Russet POTATOES	\$1.28 lb.
Northwest grower.	

DELI

BellaVitano Gold CHEESE	\$14.99 lb.
Sartori. Save \$3 lb.	
LEMONGRASS Sauce	\$5.99 lb.
Save \$1 lb.	
Our Own Creamy RISOTTO	\$3.99 lb.
Save \$1 lb.	

BAKERY

Dark Chocolate-Covered GRAHAMs	\$7.99
Jo's Candies. With salted caramel. Save \$2.	
Honey Mama's CHOCOLATES	\$4.99
Assorted varieties. Save \$1.	
Silver Hills BREADs	\$4.19
Assorted varieties. Save \$1.	