



Market Buys

..... MAY 24-30



MEAT MARKET

New York STEAK	\$14.99 lb.
Country Natural Beef. Boneless. Save \$3 lb.	
Fresh GROUND SIRLOIN	\$4.99 lb.
Choice Angus beef. Ground fresh in our Meat Market.	
Grass-Fed GROUND BEEF	\$8.49 lb.
Extra lean. Ground fresh in our Meat Market.	
Natural Pork Shoulder STEAK	\$2.49 lb.
Bone in. Save \$1.30 lb.	
Ranger CHICKEN BREAST	\$6.29 lb.
Free range, Washington grown. Boneless. Save \$2 lb.	
Fresh Pork BRATWURST	\$4.99 lb.
Save \$1 lb.	

SEAFOOD MARKET

White PRAWNS	\$9.99 lb.
21/25 ct. Shell on, frozen. Save \$5 lb.	
Ahi TUNA STEAKS	\$9.99 lb.
Frozen/prev. frozen. Save \$3 lb.	
Wild Coho SALMON FILLETS	\$13.99 lb.
Frozen. Save \$3 lb.	
Fresh ROCKFISH FILLETS	\$5.99 lb.
Save \$2 lb.	

BULK FOODS

Erin Baker's SPROUTED SNACKS	\$7.99 lb.
Assorted varieties. Save \$3.50 lb.	
Organic Raw ALMONDS	\$8.99 lb.
Equal Exchange. Save \$2.30 lb.	
Roasted MIXED NUTS & CASHEWS	\$9.99 lb.
The Nut Factory.	
Organic CRANBERRIES	\$6.99 lb.
Save \$2 lb.	

PRODUCE MARKET

Large CANTALOUPE	\$3.98
Mini Persian CUCUMBERS	\$1.98 lb.
Seedless.	
Grape TOMATOES, pint	2/\$6
Bell PEPPERS	3/\$5
Red, orange or yellow.	
Marble Tricolor POTATOES	\$2.98 lb.
Organic STRAWBERRIES, 2 lb.	\$7.98
Well-Pict.	
Organic BLUEBERRIES, pint	\$5.98
Organic MINI WATERMELON	\$5.98
Seedless.	
Organic ASPARAGUS	\$5.98 lb.
Northwest grower.	
Organic Red GARLIC	\$5.98 lb.
New crop.	

DELI

Champs-Élysées BRIE	\$10.99 lb.
French import. Save \$4 lb.	
Our Own Creamy RISOTTO	\$4.49 lb.
Save 50¢.	
Quicke's Elderflower CHEDDAR	\$19.99 lb.
British import. Save \$7 lb.	

BAKERY

Dolcetini COOKIES	\$3.99
Assorted varieties. Save \$2.	
Million Dollar BUNS	\$4.29
Dave's Killer Bread. Save 40¢.	
Fremont Sour White BREAD	\$4.99
Essential Baking Co. Sliced. Save 50¢.	

While supplies last. Some products may not be available at all stores. All items subject to availability.